



This document contains the Annual Financial & Activity Report of the Assistance Centre for Sustainable Development of Human Resources.

C.A.D.D.R.U.
Romania

www.caddru.ro

Cuvant introductiv



The year 2012 has been a very important year for CADDRU. The number of projects coordinated and implemented, the number of partners and beneficiaries, the available budget but also the number of volunteers have all been significantly greater than the previous years. The positive evolution of the activity of the organization has worked towards the cristalization of the strategy of the organization in the four major programs, that support the mission and vision of the organization.

Warm congratulations and thanks to all the CADDRU team: Dragos, Alina P, Teolin, Madalina, Larisa, Adelina, Alina T, Matei, Andra, Silviu, Alexandra, Oana, Daria, Carmen, Mihai, Ioana, Cosmo, Liviu.

Silvia Ghioc

President CADDRU

CADDRU Strategy

CADDRU has developed in the last 5 years of activity 4 major programs, supporting the mission and vision of the organization:

1. **ProActiv** – focusing on Entrepreneurship, volunteering, youth employability, European Citizenship, Partisipation. Some of the projects: ProActiv, GreenSideOut, Alter-Edu, OutReach, Volunteers Across Frontiers, Shining Youth
2. **DialogUE** – focusing on Intercultural Dialogue, Human Rights, Non-Discrimination, Roma Integration. Some of the projects: E.U. Comunic, D.I.A.L.O.G.U.E., Incommunicado, Euro-Partners, Photo-Voice, reSpeecht
3. **& 4. EquiliTRI** 2010-2019 & International Award 2012-2021 - focusing on Personal and Socio-Professional Development, Volunteering, Non-Formal Education. The difference between these programmes is the target group, Int'l Award is for children up to 18 years old, EquiliTri is for young people, over 18

Raport de activitate 2012

EquiliTRI

Romania

Type/ line of financing: European Commission with the Youth in Action ProgrammeActiunea 4.3.



Applicant and partners: CADDRU + AIESEC Germany, Active Youth from Malta, Ecolucion Associacao from Portugal, European Village from Greece and AEGEE Riga from Latvia

Budget: financing 17460.96 Euros, co financing 2,549.000 Euros

Period and activities: 5th of December 2011 – 30 April 2012

Location: “Casa cu tei” from **Sarata Monteoru, Buzau County**

Participants and target group: volunteers in various NGOs

Objectives: This project’s goal is to develop the capacity of the promoting organizations to motivate and improve their volunteers through personal and professional development.

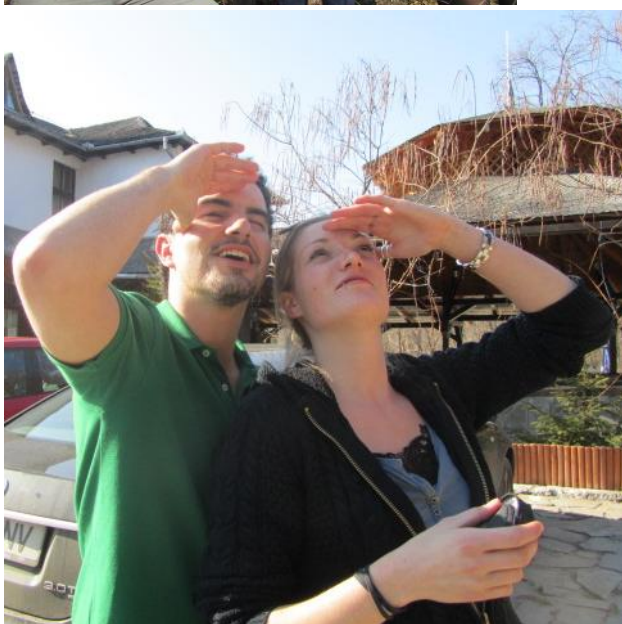
Activities and methods: The Equilitri training course is based on an innovative new non-formal education method -named “Equilitri Method™”- meant to help people organize their life and work; pursue success and happiness, overcome difficulties and challenges. A 9 days long course (10.03.2012 – 18.03.2012) was held at “Casa cu tei” in Sarata Monteoru, Buzau County, Romania and was attended by a group of 18 youth workers from 6 countries: Portugal, Germany, Greece, Latvia, Malta and Romania.

Some of the areas covered in the training are: Time management; Leadership and Followship; Planning and Organizing; Organizational Communication

The training was held by Teolin Codreanu & Darko Sarakinov, international trainers. Teolin has over 15 years of experience in training, has delivered over 200 trainings across the globe (Portugal, Slovenia, Cambodia, India, etc., see teolin.codreanu.eu)

Results and impact: the training on several areas of interest demonstrated to the target group how they can organize successfully their personal life and work.

Links: www.equilitri.info, www.equilitri.org



Linkuri: www.equilitri.info, www.equilitri.org



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Tineret
în acțiune

Volunteers across Frontiers

China, Guangzhou

Type/ line of financing: European Commission with the Youth in Action Programme, Action 2 EVS, in the context of the year UE and it's one of the first of this type in the European space and in the context of SEV.

Applicants and partners: CADDRU with 5 partners from China and Romania (Chance for Life Romania, Organizatia Studentilor din Arad, Bei Du Xing Social Center, Yang Ai Special Children Parent Club si Guangzhou Agape Social Center

Budget: financing 47 677 Euros, co financing 2 178 Euros

Period and activities: 1st May – 3rd June 2012

Location: Guangzhou, China

Participants and target group: 11 volunteers with poorer opportunities are sent by 3 Romanian organizations (C.A.D.D.R.U., Chance For Life, O.S.A) in three organizations from south east China (Yang Ai Club, Bei Dou Xing Center, Agape Center)



Objectives: Promoting the values of volunteering and non-formal education for the aim of international cooperation, but also for stimulating personal development of volunteers by intercultural experiences and the development of solidarity and for mutual understanding between youngsters.

Activities and methods: Eleven volunteers with poorer opportunities, coming from rural areas, with economic, family and health problems, work with a mixt group of youngsters and children with poorer opportunities from China. They will develop methods of non-formal education that can be used in environments where language is a barrier in communication.

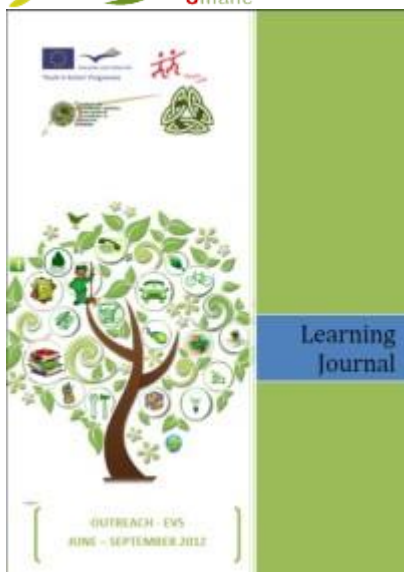
A third project based on the EquiliTRI Method was Volunteers across Frontiers, in 2012. Volunteers across frontiers brought together 3 Romanian sending organisations: CADDRU Romania, OSA (Arad Students Organisation) and Chance for Life Foundation with 3 Chinese hosting organisations: Tong De House Keeping Centre, Bei Du Xing Social Centre and Yang Ai – Special Children Parent’s Club.

The project aimed at overcoming linguistic and cultural barriers among youngsters using Non Formal Education methods and instruments. 10 EVS volunteers plus 3 support personnel from Romania worked with children aged 6 to 20, with different needs, such as ADHD or intellectual disabilities from the three hosting NGOs using approximately 50 Non Formal Education activities. Special thanks should go to the organizing team, Sylvia Bixia Xian, Silvia Ghioc, Marian Ancuta, Larissa Feng, Su Qiaoping.



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The volunteers and CADDRU developed a brochure with non-formal methods that you can use when language is a barrier, when you have groups that do not speak a common language. These methods have been tested on multiple target groups by 10 Romanian volunteers working with chinese children, youngsters and elderly people in 3 Social Centers in Guangzhou, China.

You will find here 55 methods as well as the observations and comments of the 10 volunteers.

The brochure is available here as a download in Romanian and English

The Volunteers across Frontiers team:

Dragos Codreanu, Alexandra Plop, Cosmin Catana, Andreea Zaharescu, Mihaela Buculescu, Manciu Soanico, Alex Ifrim, Gabriela Dumitrache, Ioana Craciun, Nicoleta Costache, Cristina Niculae

Trainer: Teolin Codreanu

Mentors: Marian Ancuta, Sylvia Bixia Xian, Li Jun Ouyang

Project Manager: Silvia Ghioc

Coordinators: Alina Posirca, Adelina Mihala, Su Qiaoping, Larissa Feng, Yu Shuang

OutReach

Romania

Type/ line of financing: European Commission with the Youth in Action Programme, Actiunea 2. SEV

Applicants and partners: C.A.D.D.R.U. and Chance for Life Foundation from Bucharest, Romania, together with Continuous Action NGO from Estonia, Mugla Genclik ve Spor Il Mudurlugu from Turkey, Federation of Youth Clubs of Armenia from Armenia, CA C.A.R.D.O. from Slovakia and European Intercultural Forum from Germany.

Budget: financing 49972 Euros, co-financing 7688 Euros

Period and activities: 6th February - 28 November 2012. EVS will take place from 04.06.2012 to 05.10.2012

Location: Bucuresti, Romania

Participants and target group: The „OUTREACH” project offers to 10 young people, with fewer opportunities, from 5 countries, the opportunity to volunteer at certain children’s centers in Bucharest.

Objectives: The project’s goal is to promote volunteering in working with disadvantaged children.

The personal development of the volunteers through project aims at: intercultural experiences, volunteering activities and non-formal Promoting volunteering among children, young people and-education. Building solidarity towards disadvantaged-their social circles. Children and young people, between children and young people from the development of knowledge and different cultures and environments, and other abilities to work with disadvantaged children.

Activities and methods: The children’s centers who will benefit from the youngsters volunteering are: Child protection 4, Child protection 6 and Chance for Life Foundation. The volunteers will work in these centers to organize: sport events, trips, workshops, games, etc. and participate in different educational activities with the children.

Links: <http://www.facebook.com/evs.outreach>



Linkuri: <http://www.facebook.com/evs.outreach>



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International Award for Young People

Romania

Type/line of financing: Volunteering; Friendraising

Applicant and partners: CADDRU, Colegiulul National Gheorghe Lazar

Budget: 60 860 lei, voluntary work, products, services, donations ,

Period and activities: 8 months (October 2012 - June 2013)

Location: Bucuresti

Participants: 14 young people, from high-school

Objectives: The participants will:

- Discover new skills or use existing talent
- Improve self-confidence by setting a goal and achieving it
- Become aware of their potential
- Improve time management and effective planning strategies
- Increase personal motivation
- Get in touch with new people, that will be able to provide significant experience
- Increase employment potential by developing vocational skills

About the program International Award

The International Award is an exciting self-development program available to all 14 to 25 year old. Over 7 million young people worldwide have taken up the Award challenge.

The Award is tough but it is about individual challenge, not about reaching specific standards set by someone else. Young people design their own Award Program, set their own goals, and record their own progress. The only person they compete against is themselves, by challenging their own beliefs about what they can achieve.

Young people who do the Award:

- # Discover what they are made of
- # Make an impact on their community
- # Develop a set of life skills.
- # Most of all, they have fun!

Three Levels

The Program is based around three Levels, each successive one requiring a greater degree of commitment.

BRONZE is for those over 14. The minimum period of participation to gain this Award is 6 months

SILVER is for those over 15. The minimum period of participation to gain this Award is 12 months

GOLD is for those over 16. The minimum period of participation to gain this Award is 18 months

It is possible to start at any Level – some participants work their way through all three, while others start at Silver or Gold.

Four Sections

To gain an Award, participants must complete activities in four Sections for a specified minimum period of time. There is an additional requirement of a Residential Project at Gold Level.

Participants decide what they would like to do for each Section.

Service:

Participants engage with their community and discover the impact they can have through: Community service projects; Conservation work; Voluntary service in hospitals or community homes; More specialized training such as lifesaving, first aid or rescue services.

Adventurous Journey

The Adventurous Journey is about adventure and discovery. Participants develop an understanding of the environment, and the importance of working together in a team with a common purpose. It can be on foot, by bicycle, boat or on horseback. Training, preparation, self sufficiency and self-reliance are the key elements.

Skills

The Skills Section is about developing personal interests and learning practical skills. There are almost limitless possibilities to choose from. There is no set standard that participants must reach: they set their own goals and measure their progress against them.

Physical Recreation

By undertaking some form of organised and regular physical activity, participants show perseverance and improve their fitness. Their goal is to record their individual progress. Most team and individual sports are included, such as football, athletics, and archery.

Residential Project

This is only a requirement at Gold Level. It aims to broaden experience through living and working with others (who are not everyday companions). The project takes place over a period of five consecutive days. It requires resilience, adaptability and consideration for others.

CADDRu as partner in:

“Step forward”: training financed through Youth in Action

Place and period: Diyarbakir, Turcia, 24 March - 2 April 2012

Participants from Romania: 4 participants + 1 trainer + 1 facilitator

Partners from 5 countries

“Partnership building activity – Youth and solidarity between generations 2012” : PBA financed through Youth in Action

Place and period: Murcia, Spania, 09-15 April 2012

Participants from Romania: 2 participants

Partners from 9 countries

“Together we grow”: Youth exchange financed through Youth in Action

Place and period: Eceabat, Turcia, 14 – 22 October 2012

Participants from Romania: 5 participants

Partners from 4 countries

“Motivision – Accelerating Youth Work”: Training financed through Youth in Action

Place and period: Vilnius, Lituania, 17-25 November 2012

Participants from Romania: 3 participants + 1 trainer

Partners from 5 countries

“EDYN PR training 2012”: Training financed through Youth in Action

Place and period: Utrecht, Olanda, 26- 29 November 2012

Participants from Romania: 2 participants

Partners from 8 countries

Other activities

 **EVS certification**

2012 – RO – 74

 **Training for forming the International Award leaders**

9 leaders

CADDRU activity in numbers in 2012:

 9 projects

 72 direct beneficiaries

 45+ partners

 15 volunteers involved

 130 609 euro buget

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Financing received: 115 109 euro

Project cofinancing: 15 500 euro

	Budget (euro)
European Projects	115 109
Equilistri	17460
Volunteers across Frontiers	47 677
Outreach	49972

